

TYROL BASIN SKI PATROL (TBSP) OVERVIEW FOR CANDIDATES

The candidate program for new patrollers begins in July with Outdoor Emergency Care, “OEC” and ends in late February with the on-hill evaluation. The first year can be a significant time commitment. We have all gone through it and while you may find it challenging we hope you will find it rewarding. You attain National Ski Patrol “Basic” status by successfully completing the following:

1. OEC - Outdoor Emergency Care. This is our first aid class. It is very comparable to EMT Basic. Here you will develop skills necessary to handle injuries and medical emergencies. Class meets one evening a week for 16 consecutive weeks. Classes are 4 hours long. Successfully completing this course results in National Ski Patrol registration as an Auxiliary Patroller (qualified to administer first aid but not toboggan). The textbook used for the course must be purchased ahead of time—“Outdoor Emergency Care 5th edition thru Brady books (may also be available thru Amazon or as a download) \$87.47 There is also a ski patrollers manual (\$12) and a student workbook (\$38) to purchase. These books are ordered along with paying for the candidate class prior to the start of class. These textbooks are not a standalone source, rather they are used to provide background information and supplement hands-on practical training sessions organized by OEC instructors. Classes for the last few years have been held on Wednesdays beginning July at Room 50, 510 Charmany Drive Madison WI. Typically they run 6-10pm every Wednesday thru mid November. A final day long practical (hands on) exam is typically scheduled for a weekend day mid November. See <http://tyrolbasinskipatrol.com/events/> for specific dates.
2. CPR - PRO Level with AED. Cardio-Pulmonary Resuscitation & Automatic External Defibrillator is now offered as a regular OEC class day, and costs \$10. If you can't make that day, then you are responsible for enrolling, attending, and successfully completing a PRO Level CPR class that includes AED. The American Red Cross (ARC) and American Heart Association (AHA) offer classes year round. There are a variety of classes they offer that are NOT PRO Level with AED and DO NOT meet National Ski Patrol requirements. Please do not sign up for the wrong class. After this initial certification, you will only need to refresh your CPR annually. CPR cards must not be dated any sooner than May 1st, but must be dated prior to the October 3-4 weekend (the date of Tyrol's annual mandatory ski patrol refresher)—mark this date on your calendar
3. OTHT – On-the-Hill Training. 12-14 week course. Meets Sunday morning (9:00 am – 1:00 pm) each week - starts in late November or early December (dependent on hill opening date) and ends with a proficiency evaluation sometime in mid- to late-February. This course includes a review of the Tyrol Basin hill and ski patrol policy and procedures. Training emphasis combines PSIA/AASI skills and maneuvers with toboggan handling skills. Final evaluation prerequisites include: regular weekly shift attendance, regular attendance at OTHT classes and a recommendation from the On-Hill Trainer and assistants to take the final ski and toboggan evaluation.

Tyrol Basin Ski Patrol further requires that candidates:

- 1) Complete a brief orientation/interview with the Patrol Director and/or Candidate Coordinator(s), usually during the first OEC class in July.
- 2) Attend the TBSP Annual OEC Refresher. All 80 of our members study and prepare for approximately eight 50-minute refresher stations where OEC skills are refreshed. This

includes hands-on practice to demonstrate proficiency in emergency extraction, back boarding, splinting and bandaging. New equipment, techniques, procedures and other administrative items are also covered at these refreshers. As a candidate you are required to attend but are not expected to attain proficiency at stations since you have not yet completed OEC. The Tyrol OEC refresher is a weekend event usually scheduled in October. Registration begins at 7:30 AM, with announcements at 8:00 AM, and stations after that. See <http://tyrolbasinskipatrol.com/events/> for specific dates.

4. Chair Evacuation Training. There are two class sessions for this. The first class is done as part of the OEC refresher above. Here you are trained to follow Tyrol Basin chair evacuation procedures and participate in training where actual chair evacuations are performed. You will be expected to ride the chair lift and be evacuated by fellow patrollers as well as to evacuate others from a lift. The second class involves a night chair evacuation where the evacuation is done in the dark to simulate a power outage. This second part is held in early December. You must attend both elements. See <http://tyrolbasinskipatrol.com/events/> for specific dates.
- 3) Weekly Shift Requirement (a minimum of 70 hours during the season). Candidates are assigned to and expected to perform a regular weekly shift. This is in addition to your weekly OTHT training classes (you will be at the hill twice a week). Candidates are under the direct supervision of the Crew Chief and an assigned mentor to learn patrol procedures. Here you receive training on patrol procedures from Incident Report Form (IRF) completion to more complicated procedures such as activating and coordinating ambulance calls. You will be expected to apply your newly acquired OEC skills with real patients. Candidates, like patrollers, are expected to patrol whenever they are on the hill.

Required equipment, approximate cost, approximate due date:

1. Textbook: "Outdoor Emergency Care:(5th edition) ~ \$85 – June 25.
2. Outdoor Emergency Care Student Workbook - \$38 – June 25.
3. Ski Patroller's Manual - \$12.00 – June 25.
4. NSP class registration (\$30.00) & class materials--equipment, handouts, copying, and the mid-term and final exam parties (\$20.00) - June 25.
5. PRO CPR course - \$10 through class, otherwise approx. \$25.00 - \$40.00 - before Fall refresher. Candidates may want to take this class together.
6. First aid waist pack or backpack and contents - approx \$40.00 – December – Tyrol Basin supplies you with start-up supplies for your pack (we're the only hill in the area that does this).
7. Winter clothing and skis or snowboard. Alpine, Telemark, or AT skis are acceptable as is hard or soft boot snowboarding equipment. The "sliding" equipment is at your discretion. However, you must be trained/tested under each type separately. \$ Varies – By first OTHT session.
8. Patrol Coat - approx \$180.00 – By the time or shortly after you pass your on-hill test. Coat must be red with black shoulders and white back cross. See National Ski Patrol and Mountain Uniforms web sites for examples.

We will attempt to update this web page with information on sign up and ordering the first four or five items above as soon as that information is passed on to us by Instructor of Record for OEC. If you have not received it by late June contact one of the recruiting members listed.

If joining Tyrol Basin Ski Patrol sounds like a lot of work - it is!! The workload to complete initial candidate training is high. It is challenging but rewarding. Training is serious but conducted in a friendly and fun atmosphere by a number of volunteer teachers and trainers who enjoy what they do.

Success is dependent on your attitude and willingness to spend a few hours studying and practicing skills. It is highly recommended that you do not miss classes.

TBSP is a diverse group that is dedicated to winter outdoor snow sports, safety, and most of all FUN. We are active year round and our members regularly elect to participate in optional activities such as ski trips out west, in Canada, and in Europe, outdoor summer concerts, running and bike races and rides, volunteer activities where medical first responders are needed, to name only a few. If you choose to join us you will be embarking on a journey that most patrollers will tell you is an incredible experience. If you like to work with and help other people, you will find this program exhilarating, rewarding, and satisfying.

Thank you for volunteering for Tyrol Basin Ski Patrol! We hope you will join us!

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